

Summer Word Search



BEACH
CAMP
FUN
HOT

SUMMER
SUN
SWIM
WATER



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Looking for ways to access affordable and delicious summer produce?

- ◆ The **Maine Senior FarmShare Program** offers **\$50 worth of fresh produce at no charge** and we are working with 2 farms to provide access to this program. To be eligible, you must be over 60 years old and meet income requirements. Spear's Farm will be issuing cards with a \$50 value that can be used for fresh fruits and vegetables at their stand at the Tues/Fri/Sat Farmers Markets in Brunswick until your card balance is gone. Tender Soles Farm in Richmond will be making a single delivery of shares of produce to Bath Housing on Tuesday, June 11. For income eligibility & an application for your choice of farm, please contact Kristen at 295-3317 **now!**
- ◆ The **Bath Farmers Market** is back outdoors and bustling! Visit on Saturdays 8:30 to 12:30 in Waterfront Park. To make healthy, local food more affordable, the market also has a SNAPMatch program. If you're using SNAP benefits at the market, you will receive **bonus tokens worth 50% of your purchase** (up to \$15 in bonus tokens). Visit bathfarmersmarket.com.
- ◆ The **Merrymeeting Gleaners**, who provide the local produce that we deliver to your community rooms, will begin delivering a much wider variety of produce soon!

A Huge THANK YOU to the Hard-Working
Morse Freshman Day of Service Volunteers
What a Difference They Made!



SCUTTLEBUTT

A few Maine Center for Disease Control & Prevention tips
to **Keep Cool, Drink Fluids** and **Lie Low** in hot summer weather:

- ◆ Spend time in air conditioning. If you have A/C running at home, close all windows.
 - ◆ Keep blinds closed
 - ◆ Take cool showers
 - ◆ Be sure to get enough fluids
(remembering that alcoholic, caffeinated and sugary drinks will dry your body out)
 - ◆ Take regular breaks

And a few Bath Housing reminders to help you enjoy summer as well:

- ◆ Please call the office at **443-3116** for all **Work Order** requests. If you leave a message, please leave your **name, building, apartment number, what you need done** and **whether it is ok for Maintenance staff to enter if you're not home** (we need to ask this each time). This process will get your request in motion as quickly as possible.
- ◆ Rinsing all recyclables before placing them in the bins will help keep ants and bugs away.

Thank You

Updates from Bath Housing

Wondering How the Complaint Process Works?

Residents often ask what happens after they submit a Complaint Form. It's a great question, since part of protecting resident confidentiality means that we don't share our follow-up. Complaints are researched and often lead to warnings or violations. Given that our goal is always to help residents maintain safe and stable housing, our usual approach is to try to work with residents to reduce the risk of violations occurring again. If violations continue to occur, a total of 3 violations in a year (or a single serious violation) can result in lease termination. So while you won't receive feedback from us about what happens after you submit a Complaint Form, there are usually processes going on behind the scenes.

Your Complaint Forms are often very helpful in making us aware of situations that can interfere with safety and comfort. Please be specific when completing them. Have any questions? Don't hesitate to reach out to Kristen, Resident Service Coordinator (kmcevoy@bathhousing.org or 295-3317) or Kevin, Property Manager (kboyle@bathhousing.org or 449-0353).

Summer is a Great Time to Check to be Sure That Your Belongings Are Protected

Landlords, including Bath Housing, do not insure the furniture and other personal possessions that you have in your apartment. We encourage you to explore rental insurance options and adequately protect your belongings.



Check your bulletin boards for updated resources for **transportation to medical appointments**. People Plus would also like to start a volunteer driver network in Bath. If you or someone you know is interested in volunteering as a driver, contact Lynn at People Plus at 729-0757.



Based on your feedback following Andrea Handel's Advance Directive sessions, we ordered reference copies of **Elder Rights Handbooks** from Legal Services for the Elderly. These are great resources and are now available in your community rooms. If you would like your own copy, call 1-800-750-5353 to receive one at no cost.

Enjoy warm weather visits and please be sure to remind your visitors about parking for your building.

Resident Parking is available for those residents with vehicles only. **Disability Parking** must be available to any visitor or resident with disability plates or placards. If you are aware of parking issues, call our office at 443-3116 to let us know. Maintenance staff can sticker warnings on vehicles and remind them of the towing risk. Thank you for your help in making parking accessible for all.

Are you receiving **Bath Housing One Calls**?

This is the phone system that we use to share important updates with many residents at once. Please contact Sarah in our office (443-3116, srockwell@bathhousing.org or a note) if 1) you are not receiving the calls and would like to 2) you would like to stop receiving the calls or 3) you would like to change the phone number where you receive the calls.

Events in Your Neighborhood June 2019

The Anchorage

RSC Office Hours Wednesdays 1-3pm

3—Coffee & Donuts— 10 am in the community room

4—1pm-3pm, Coloring in Community Room (Pam does not want to color alone this month!)

13—12:30pm, Fire Safety with Captain Mark Wood, Bath Fire Department

Dikes Landing

RSC Office Hours Tuesdays 2:30-4pm

13—3pm, Fire Safety with Captain Mark Wood, Bath Fire Department

Moorings

RSC Office Hours Thursdays 1:30-3:30pm

4—2pm-4pm, Coloring in Community Room
13—1:30pm, Fire Safety with Captain Mark Wood, Bath Fire Department

Seacliff

RSC Office Hours Mondays 2-4pm

BINGO every Saturday at 6 pm

13—11am, Fire Safety with Captain Mark Wood, Bath Fire Department



Art Van Returning in July...

Free Community

Events

Pirates & Lost Treasure of Coastal Maine with author and pirate re-enactor Greg Latimer, Patten Library, Tuesday, June 4, 6:30-7:30pm

USDA Senior Food Box Pick-Up, Tuesday, June 11 9am-11am, Bath Senior Center

Bath Age-Friendly/AARP Free Shredding Event, Bath Police Department parking lot, 250 Water Street, Bath, Saturday, June 8, 10am-2pm. Max of 4 boxes per person, no need to remove paper clips or staples.

Medicare 101 Session with Spectrum Generations, People Plus, Brunswick, Tuesday, June 11, 12:30-2pm. Call 729-0757 to register.

Cooking with a Doc, demo of cooking with Farmers Market foods, Wednesday, June 19, 5:30-6:30pm, 329 Maine St, Brunswick. Call 373-6585 or visit midcoasthealth.com/wellness.

RSC Office Hours

Please feel free to let Kristen know in advance about any Office Hours needs so that she can bring any necessary supplies.

Do you live at Dikes Landing?

Are you interested in being entered in a drawing for a **\$25 gift card for Shaws?**

Participate in a Needs Assessment interview with Kristen, Resident Service Coordinator during 1 of the 4 available dates in June. Watch your board for details and call 295-3317 if you would like to schedule a time.